

Men's Records					Ladies' Records					
Age	Chip Time	Name	Event	Date		Age	Chip Time	Name	Event	Date
u-18's	21:17	Edward Patchett	Silverstone	Sep-94	5 Km	u-18's				
18-39	16:15	Harry Pettingell	Waddesdon	Jul-25		18-34	19:51	Sarah Green	Waddesdon	Jul-19
40-49	17:29	Andy Byerley	Charndon	May-09		35-44	19:19	Sarah Green	Waddesdon	Jul-23
50-59	18:03	Howard Papworth	Charndon	May-09		45-54	21:19	Barbara Orth	Charndon	May-05
60+	20:08	Andrew Newton	Waddesdon	Jul-22		55+	22:17	Steph Cook	Waddesdon	Jul-19
70+	28:46	John Tudor	Waddesdon	Jul-25		65+	26:22	Anne Sprinz	Waddesdon	Jul-25
u-18's					5 Mile	u-18's				
18-39	27:02	Daniel Williams	Headington	Aug-21		18-34	43:14	Sarah Simmonds	Marlow	May-05
40-49	28:31	Andy Byerley	Banbury	Jun-11		35-44	33:08	Sarah Green	Didcot	Jul-25
50-59	29:36	Rod Lavers	Fringford	Jul-98		45-54	34:44	Jane Coulcher	Banbury	Jun-12
60+	50:06	Reg Koster	Headington	Aug-25		55+	43:04	Shelley Bennett	Headington	Aug-24
70+						65+				
	51:31	David Koster	Thame	Jun-04	10 Km	u-18's				
u-18's	31:37	Duncan Cooper	TBC	TBC		18-34	38:14	Emily Hollis	Thame 10k	Jun-25
18-39	34:32	Adam Leavesley	Thame	Jun-24		35-44	39:48	Faye Sharpley	Water of Life	Oct-19
40-49	36:27	Paul Ridgley	London 10	Dec-24		45-54	42:52	Barbara Orth	Oxford	May-05
50-59	40:43	Andrew Newton	Eynsham	Nov-21		55+	44:37	Steph Cook	Andy Reading Memorial	Dec-18
60+	54:48	Chris Davies	Run Jericho	Jun-25		65+				
70+										
u-18's					10 Mile	u-18's				
18-39	52:47	Duncan Cooper	TBC	TBC		18-34	01:04:46	Emily Hollis	Cotswold Classic	Sep-25
40-49	59:08	Tony Ferris	Maidenhead	Apr-88		35-44	01:07:37	Faye Sharpley	Cotswold Classic	Sep-19
50-59	01:02:32	Rod Lavers	Maidenhead	Apr-07		45-54	01:10:57	Barbara Orth	Maidenhead	Mar-05
60+	01:09:43	Andrew Newton	Maidenhead	Apr-22		55+	01:18:11	Steph Cook	Maidenhead	Apr-19
70+	01:47:32	John Tudor	Cathedral to Castle	Apr-26		65+				
u-18's					Half Mara	u-18's				
18-39	01:11:00	Kieran Morris	Brighton	Feb-24		18-34	01:20:27	Emily Hollis	Fleet	Mar-25
40-49	01:19:10	Tony Ferris	Stroud	Oct-88		35-44	01:29:46	Sarah Green	Wokingham	Feb-25
50-59	01:22:39	Paul Ridgley	Wokingham	Feb-25		45-54	01:35:37	Barbara Orth	Wokingham	Feb-07
60+	01:29:29	Andrew Newton	Wokingham	Feb-22		55+	01:42:18	Steph Cook	Wokingham	Feb-20
70+	01:59:02	Chris Davies	Wokingham	Feb-25		65+				
u-18's					Marathon	u-18's				
18-39	02:28:34	Kieran Morris	Berlin	Sep-23		18-34	03:00:47	Emily Hollis	London	Apr-25
40-49	02:52:22	Paul Ridgley	London	Oct-22		35-44	03:16:00	Steph Cook	London	Apr-05
50-59	02:54:39	Tony Ferris	London	Apr-94		45-54	03:20:16	Steph Cook	London	Apr-08
60+	03:16:02	Alan Cornish	London	Apr-01		55+	03:54:28	Steph Cook	Manchester	Apr-24
70+	05:39:45	Roger Simmonds	London	Apr-25		65+				